

4. Riding my bike!

Words by Kathy and David Blackwell

Cycling in the town I go
I'm sometimes fast and sometimes slow
I love to pedal to and fro, I'm
Riding my bike!

Cycling in the countryside
It really is a lovely ride
To pedal freely far and wide, I'm
Riding my bike!

Cycling in the velodrome
My bike is red with shiny chrome
I'll soon be cycling off to home, I'm
Riding my bike!

Wind and rain or sun and shower
I'll keep on cycling hour by hour
Because I've got my pedal power, I'm
Riding my bike!

Careful of the lorries and don't get in their way,
Then nobody worries as you cycle each day.
Careful of the buses as they crawl up the street,
Then nobody fusses as you pedal so neat!

Cycling's fun and very green

It keeps the planet nice and clean

It makes you fit and very lean, I'm

Riding my bike!

Up the road and down the lane

Then up the hill and down again

It's better than a car or plane, I'm

Riding my bike!

Cycling is the greatest thing

It makes you smile and want to sing, I'm off,

Riding my bike!